



Published on *Educational Tools Portal* (<https://educationaltoolsportal.eu>)

[Home](#) > Gender Salad

---

## Gender Salad

Fri, 14/12/2012 - 12:54 -- Adi Kahani

### **Type of tool:**

Activity

### **Duration:**

0-30 min

### **Topics addressed:**

Gender issues

Group dynamics

A rapid study of gender roles within the social context. The activity is part of a larger learning experience/ debate on gender roles and gender equality. It is divided in two parts: The first is preparing the salad by teams of women and men, separately. The second comprising of discussions and debriefing of the process.

### **Aim:**

To create a condition that support young people in international youth exchanges to reflect on gender roles in the society.

### **Methodology:**

Simulation aiming at reaching awareness towards gender equality.

### **Step by step process:**

05m- Activity explanation

Participants are requested to create a salad with a focus on taste and appearance (presentation).

10m- Activity simulation

Participants create their salad according to guidelines using ingredients they receive. They also act as judges for other groups to determine and grade taste and appearance.

15m- Debriefing questions:

- What happened during the salad preparation work?
- Were you satisfied with your role?
- Is this the role you usually assume at your home environment? (if no: how different it is and why one thinks so.)
- What would be an ideal situation?
- What would you learn from this?

### **Materials and resources:**

Ingredients for preparing a salad and utensils. No pre-written salad recipe.

**Outcomes:**

Participants experience a taster about gender equality discourse.

**Evaluation:**

--

**Notes for further use:**

Daily activities of young people could replace the cooking example (for examples, football playing, tyre-changing..etc).

**Rating:**

Average: 4 (1 vote)

**Documents/handouts:**

 [funny-salad.jpg](#) [1]

---

**Source URL:** <https://educationaltoolsportal.eu/en/tools/gender-salad>

**Links**

[1] [https://educationaltoolsportal.eu/en/system/files/documents-handouts/funny-salad\\_0.jpg](https://educationaltoolsportal.eu/en/system/files/documents-handouts/funny-salad_0.jpg)