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Gender Salad

Fri, 14/12/2012 - 12:54 -- Adi Kahani

Type of tool:

Activity

Duration:

0-30 min

Topics addressed:

Gender issues

Group dynamics

A rapid study of gender roles within the social context. The activity is part of a larger learning experience/ debate on gender roles and gender equality. It is divided in two parts: The first is preparing the salad by teams of women and men, separately. The second comprising of discussions and debriefing of the process.

Aim:

To create a condition that support young people in international youth exchanges to reflect on gender roles in the society.

Methodology:

Simulation aiming at reaching awareness towards gender equality.

Step by step process:

05m- Activity explanation

Participants are requested to create a salad with a focus on taste and appearance (presentation).

10m- Activity simulation

Participants create their salad according to guidelines using ingredients they receive. They also act as judges for other groups to determine and grade taste and appearance.

15m- Debriefing questions:

- What happened during the salad preparation work?
- Were you satisfied with your role?
- Is this the role you usually assume at your home environment? (if no: how different it is and why one thinks so.)
- What would be an ideal situation?
- What would you learn from this?

Materials and resources:

Ingredients for preparing a salad and utensils. No pre-written salad recipe.

Outcomes:

Participants experience a taster about gender equality discourse.

Evaluation:

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Notes for further use:

Daily activities of young people could replace the cooking example (for examples, football playing, tyre-changing..etc).

Rating:

Average: 4 (1 vote)

Documents/handouts:

 [funny-salad.jpg](#) [1]

Source URL: <http://educationaltoolsportal.eu/en/tools/gender-salad>

Links

[1] http://educationaltoolsportal.eu/en/system/files/documents-handouts/funny-salad_0.jpg